



Det Jyske
Musikkonservatorium
**The Royal Academy
of Music**

Artistic intervention

Educating for artistic citizenship

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1. What are the societal values of educating artists? If there are any....

2. What are the implications of such values on education?



So, why should we educate artists?

Art education should provide future artist who can reflect and act upon:

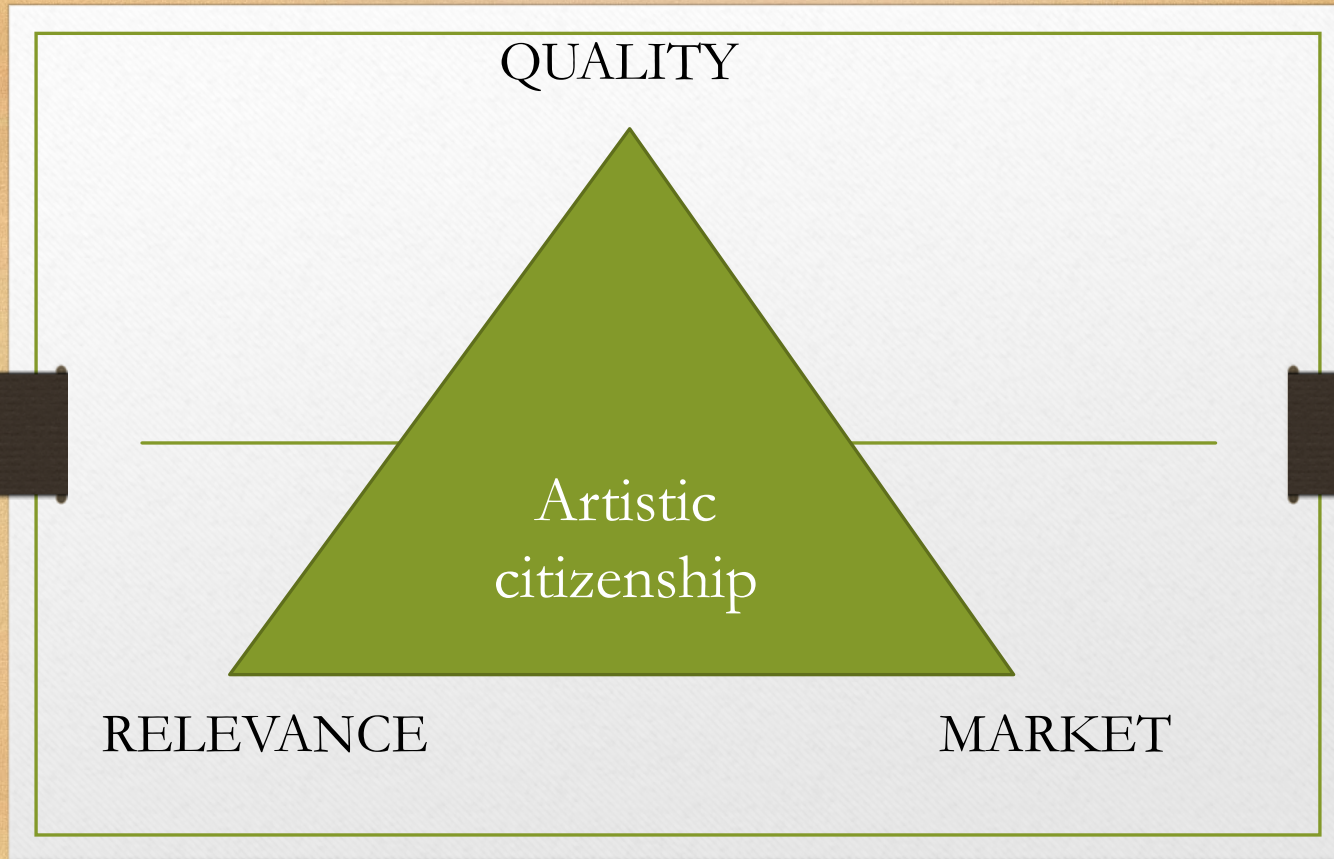
- Art as a way of dealing with existential anxiety
- Art as a way of imagining better possible futures
- Art as meaningfulness



What are the implications of such values on education?

- Student agency
 - Student agency should lead to audience/citizen agency (empowerment)
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- The ability to take the out-side-in perspective
- Educating professionals rather than virtuoso amateurs

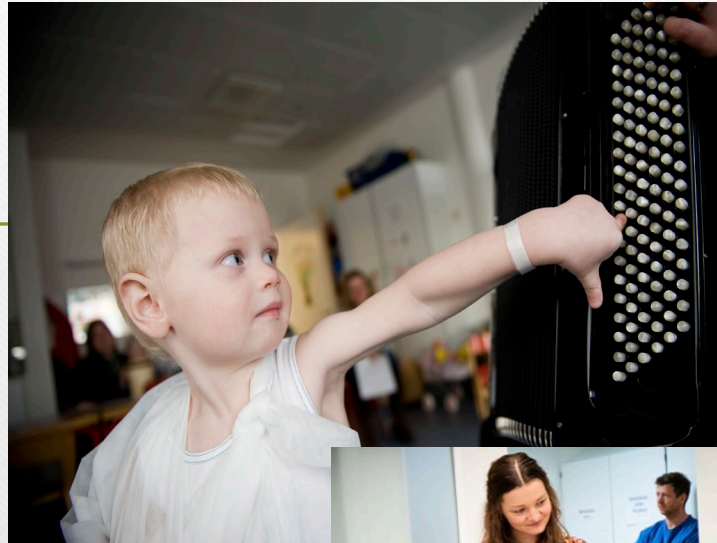




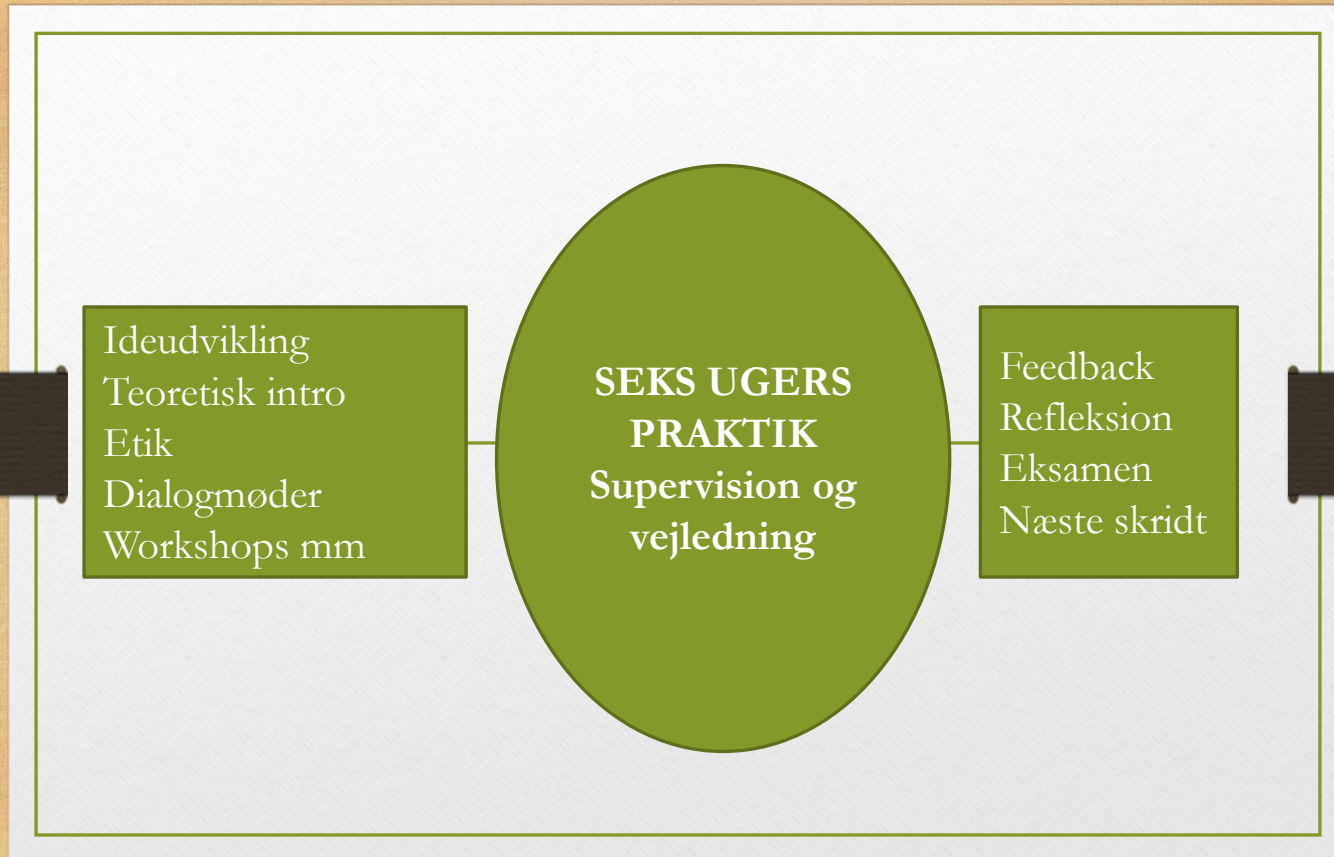
Det Jyske
Musikkonservatorium
**The Royal Academy
of Music**

Artistic interventions

Elective Music & Health



Study Year 22/23: 25 BA & MA students



Partnerskaber:

Aarhus Kommune, Aarhus Universitetshospital, Pension Skejby (fængsel), Dansk Flygtningehjælp, Røde Kors, Hus Forbi, Institutioner for udviklingshæmmede, Det Blå Sted m.fl..

10.25

5G



Marie-Cecilie Friis Broundal · 1.

Danish Refugee Council

1u · Redigeret ·

Idag har vi i **DRC Integration** startet en 'pop-up aktivitet' i **Aarhus Kommune**, nemlig sangskriverværksted med dygtige studerende fra **Det Jyske Musikkonservatorium**.

Sammen med ukrainske kræftpatienter og sårede soldater, skal de studerende de næste seks uger gå på opdagelse i musikken, ordene og følelsernes verden. Lige præcis denne gruppe nyankomne flygtninge har ikke mulighed for at indgå i vores faste tilbud, og vi er glade for sammen med de engagerede sociale viceværter og udviklingskonsulent **Pernille Brandt** at kunne tilbyde et pusterum fra en ensom og udfordrende hverdag.

I forrige uge holdt vi et møde med patienterne, der bor sammen i et stort lejlighedsfællesskab stillet til rådighed af Aarhus Kommune for at høre deres ønsker - og idag er samtlige beboere mødt op. Lige bag billedet her er rummet fyldt, og beboerne spiller som start ukrainsk musik, de holder af.

Beboerne ønsker også at have en månedlig brædspilscafé en hverdagseftermiddag - kunne du tænke dig at være en del af det, så skriv til mig.

[#særligecivilsamfundsindsatser](#)
[#tværsektioneltsamarbejde](#)
[#meningsfuldefællesskaber](#)



Giv din mening til kende

@ Opslå



Startside



Dit netværk



Opslå



Notifikationer



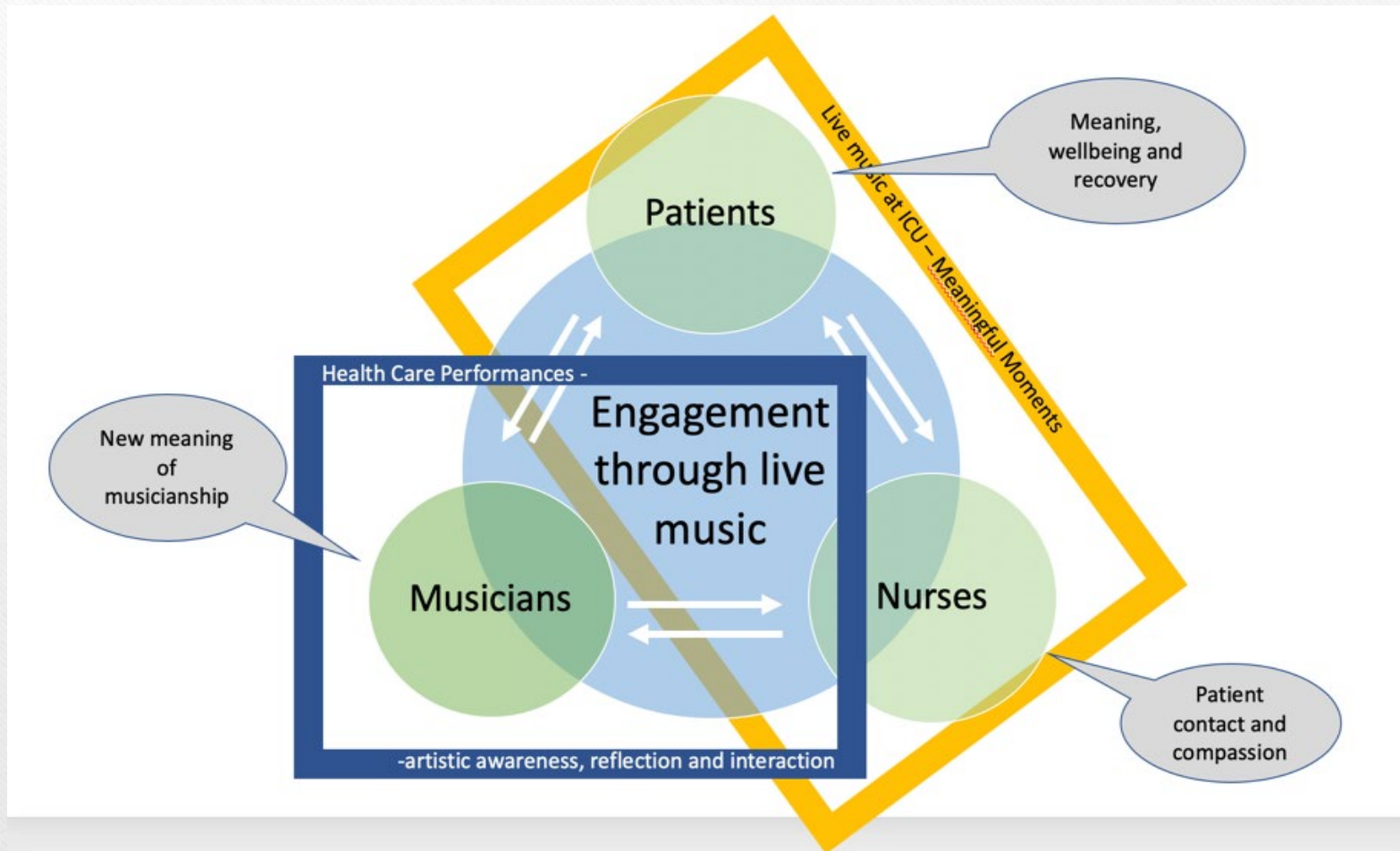
Job



Meaningful Moments at Intensive Care



GOALS



MUSIC INTERVENTIONS

- 1-1 music sessions
- Briefing before/after the music
- Focus: to create connection, joy, hope, relaxation, community, room for reflection
- Intuitive practice: to read the patients' body language, reactions and to adjust intensity, tempo and musical expression

IMPLEMENTATION



- Aarhus Universitetshospital: 01.10.22-01.10.23
- Regionshospitalet Gødstrup: 25.05.23-01.05.24
- Regionshospitalet Horsens: Sensommer 2023
- Regionshospitalet Viborg: Efterår 2023

midt
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SOL

Sammen om Levende Musik

A collaboration between Levende Musik i Skolen, Region Midt
Aarhus Municipality og RAMA

SOL

- Interventions
 - Elderly homes
 - Folkehuse (community houses)
 - Hospital (intensive care unit)
 - dialysis clinic

DIALYSIS CLINIC

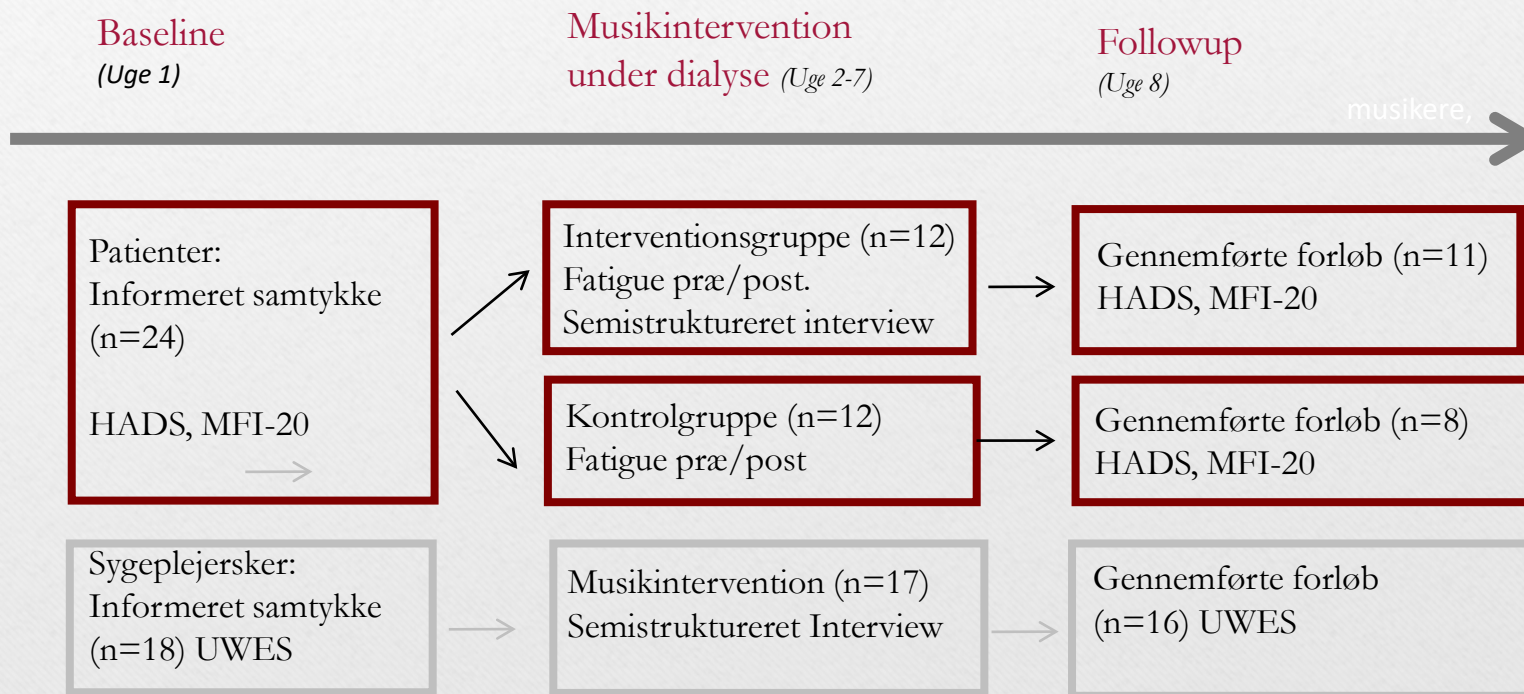
PURPOSE

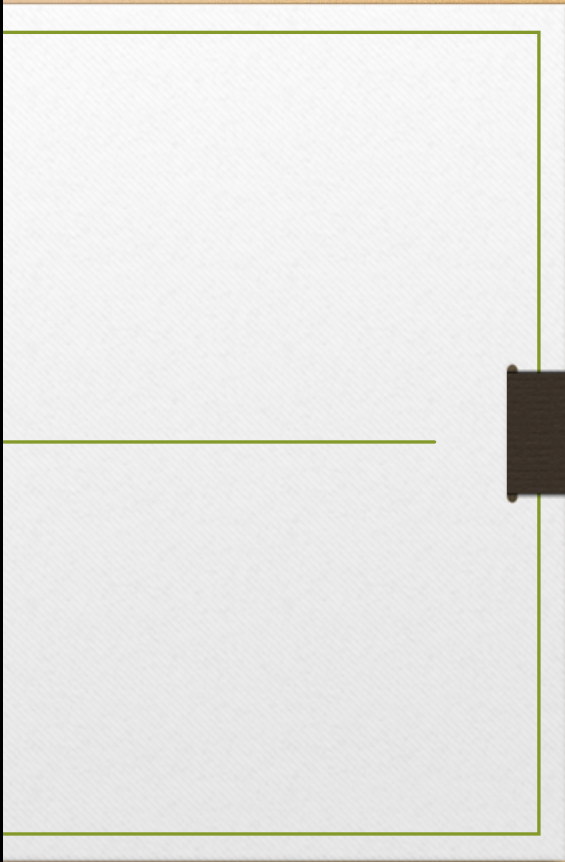
To assess feasibility

To investigate whether tailored music experiences can reduce immediate fatigue, anxiety and depression in patients undergoing dialysis treatment

To explore the music experience among patients, musicians, nurses and the significance for nurses' work commitment

MULTIPLE METHODS DESIGN...





RESULTS

- The project was feasible
- Patients: A significant reduction in immediate fatigue ($p=0.001$) and anxiety ($p=0.01$) compared to the control group
- Nurses: A significant improvement in nurses' dedication ($p=0.23$)

Bro, M. L., Finderup, J., Smilde, R., Dreyer, P. & Gram, B. (2022)

Live music during haemodialysis: A multiple methods randomized controlled pilot study. *Journal of Renal Care*, 1–12.

Bro ML, Finderup J, Smilde R, Gram B, Dreyer P. (2022).

Musical Breaks—Live Music in a Hemodialysis Setting—A Qualitative Study on Patient, Nurse, and Musician Perspectives. *Healthcare*, 2022, 10, 1637

"Ens puls kører helt ned og man får lige tomt hovedet og det giver sådan et break...synes simpelthen det er så lækkert"

Patienter

An uplifting and meaningful experience bringing joy and relaxation into life

"Det er tilladt at være sig selv når du hører musikken og det er jo afslappende i sig selv"

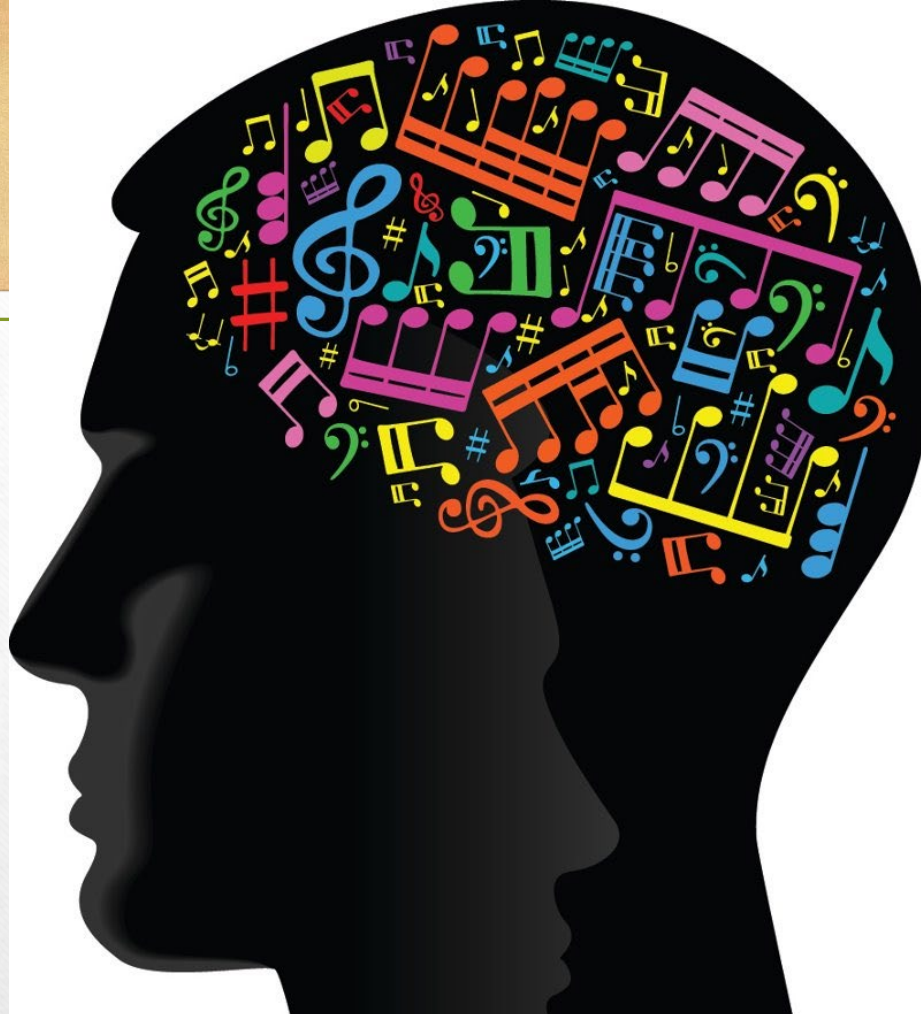
Sygeplejersker

A sense of quietness in a stressful day among nurses

Musikere

Meaningful artistic awareness in an intimate room

"Jeg er gennem dette projekt blevet styrket i at det i høj grad giver mening det som vi musikere bruger et helt liv på"



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MUSIC
IN THE
BRAIN



